

# 2022

## Annual Report

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**JAN UPKAR SEWA SAMITI**





# **ANNUAL REPORT**



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# About Us

Jan Upkar Sewa Samiti is a dedicated non-government organisation committed to the promotion of holistic health and empowerment. With a core focus on Yoga and Naturopathy, we embrace age-old wisdom to offer effective and enduring solutions to health issues. Our mission is to raise awareness about the significance of Yoga and Naturopathy in achieving overall well-being.

We recognize the importance of quality education and work towards providing it to underprivileged children, irrespective of their economic background, to empower them with knowledge and opportunities. We recognize the importance of quality education and work towards providing it to **underprivileged children, irrespective of their economic background, to empower them with knowledge and opportunities.**





# Vision, Mission And Objective

## Vision

**To create a healthier, more empowered and equitable society. We aspire to see a future where holistic health practices, education and safety are accessible to all, fostering well-being, equality and prosperity.**

## Mission

**To promote holistic health through Yoga and Naturopathy, empower underprivileged women, provide quality education to children in need and support unprivileged individuals to lead a better life.**

## Objective

**To focus on social welfare and humanitarian work, to bridge the gap between those in need and those willing to help by providing essential support, resources and assistance to uplift underserved communities.**

President



# The President Message



It is with great pride and a sense of duty that I welcome you to JAN UPKAR SEWA SAMITI. Our commitment to holistic health, women's empowerment, education, and supporting the unprivileged drives our mission. We believe in the power of collective action to bring about positive change in society. Together, we can make a significant impact. I urge you to join us in our endeavors and contribute to our noble causes. Your support, whether through your time, expertise, or financial assistance, will help us create a brighter, more equitable future for all.

**Mr. Virendra Kumar Singh**

President, JAN UPKAR SEWA SAMITI





# Recent Activities

## Gender Sensitization Program

Gender sensitization refers to the raising sensitization of gender equality concerns. It helps people in examining their personal attitudes and beliefs and questioning the realities of both sexes. Gender sensitization make people understand the difference between sex and gender, how gender is socially constructed and the stereotypes around gender roles It helps them determine which assumptions in matters of gender are valid and which are stereotyped.



## Water Protection Programme

The organization conducted the programme in Deoria District of Uttar-Pradesh State. The water shed development programme organized by Jan Upkar Sewa Samiti , Deoria Kheri various villages in the district of Deoria The number of people participated in this programme.



# Recent Activities

## Agriculture Training and Rural Development Program

To promote modern agriculture, the organization has given trainings in agriculture for farmers in modern techniques of agriculture. Topics like selection of seeds, sowing, use of pesticides, contour bonding, contour ploughing, inter cropping, mechanized farming etc., were discussed. The services of experts in the field of agriculture and senior farmers from nearby villages were utilized for this program.



## Bee Keeping Awareness

The organization conducted the programme in Deoria District of Uttar-Pradesh State. Beekeeping (or apiculture) is the maintenance of bee colonies, commonly in man-made hives, by humans. Most such bees are honey bees in the genus *Apis*, but other honey-producing bees such as *Melipona* stingless bees are also kept. A location where bees are kept is called an apiary or "bee yard".



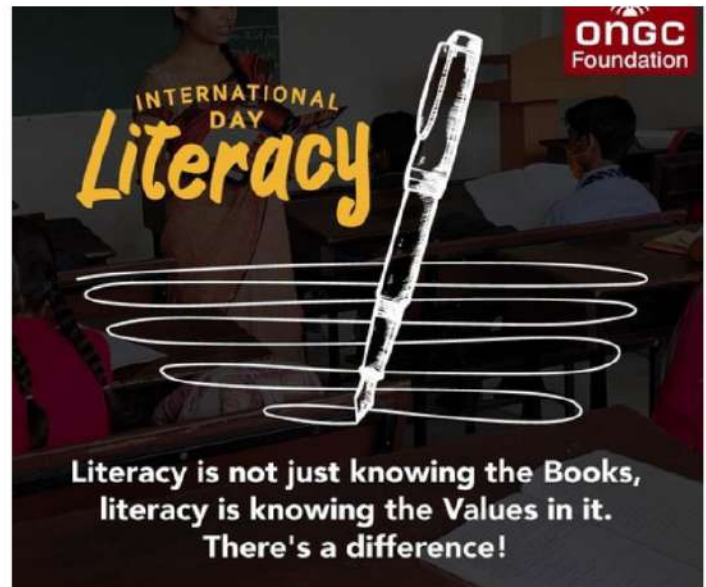




# Recent Activities

## Digital Literacy Programme

The organization conducted the programme in Deoria District of UTTAR- PRADESH State. Literacy and population size essentially are the basic ingredients for development. Economic development is closely associated with poverty reduction. Human development is the end-economic growth. Literacy and education have a direct role in human development and are instrumental in facilitating other achievements.



## Promotion on Medicinal Plant

The organization conducted the programme in Deoria District of Uttar-Pradesh State. Conservation of medicinal plants is receiving increased attention all across the globe keeping in view the re-surgence of interest in herbal medicines. Especially in the entire Himalayan region, rural and traditional societies are using medicinal and aromatic plants (MAPs) for health care and economic benefit.





# Recent Activities

## Craft Awareness Programme

Seminars on Handicrafts were conducted by organization own funding, regarding the detonating situation of Deoria Handicraft sector. It was observed that some major efforts are to be taken for overall development of handicraft Sector in Kheri. An uncovered area Deoria was surveyed and over 2000 artisans were registered with Organization, a detailed report was obtained to access the areas need and majors to be taken.



## Health Awareness Programme

“World Health day” on 7th April 2020, was observed by the organization. Panel of expertise Social Workers went in slum areas where a mass awareness was created regarding the health and hygiene.





# Find in Media

## Image Gallery





# Find in Media

## Image Gallery



# Contact Us

To learn more about us please visit our website. To collaborate with us or have any queries contact us by phone or email. We will be happy to help you.



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<https://www.janaksevaashram.org/>





# Donate Us

## Your Little Contribution Can Be Helpful

Your support matters. To make a difference and contribute to our noble causes, please consider donating to our organization. Your generous support can make a world of difference. By donating to us, you contribute to meaningful initiatives that uplift lives, provide education, empower women, and promote mission for a brighter future. Donate today and be a part of positive change.

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