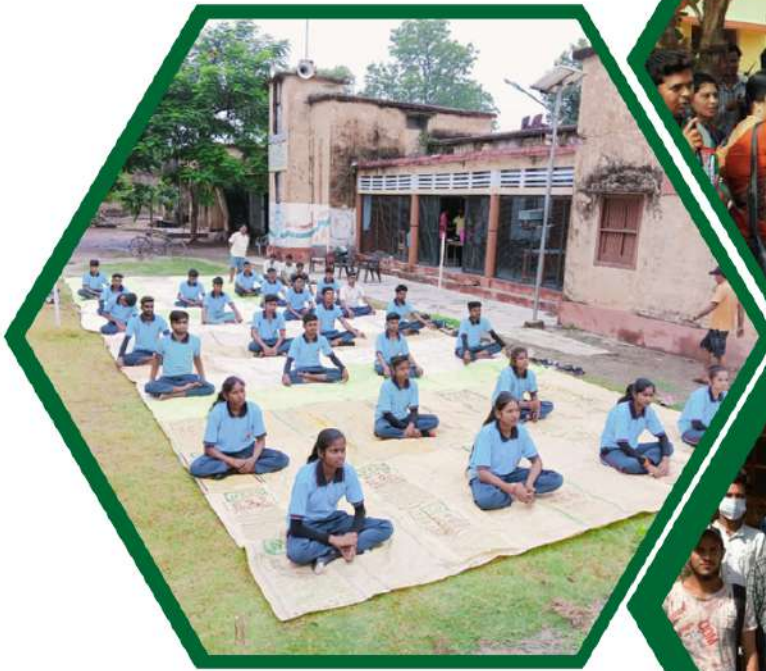


# 2024

## Annual Report

JAN UPKAR SEWA SAMITI





# **ANNUAL REPORT**



# Table Of Content

**About Company**

**Meet Our Team**

**Vision, Mission & Objective**

**The President Message**

**Organisation Profile**

**Recent Activities**

**Our Events**

**Certificates**

**Media Gallery**

**Contact Us**

**Donate Us**





# About Us

Jan Upkar Sewa Samiti is a dedicated non-government organisation committed to the promotion of holistic health and empowerment. With a core focus on Yoga and Naturopathy, we embrace age-old wisdom to offer effective and enduring solutions to health issues. Our mission is to raise awareness about the significance of Yoga and Naturopathy in achieving overall well-being.

We recognize the importance of quality education and work towards providing it to underprivileged children, irrespective of their economic background, to empower them with knowledge and opportunities. We recognize the importance of quality education and work towards providing it to **underprivileged children, irrespective of their economic background, to empower them with knowledge and opportunities.**





# Vision, Mission And Objective

## Vision

**To create a healthier, more empowered and equitable society. We aspire to see a future where holistic health practices, education and safety are accessible to all, fostering well-being, equality and prosperity.**

## Mission

**To promote holistic health through Yoga and Naturopathy, empower underprivileged women, provide quality education to children in need and support unprivileged individuals to lead a better life.**

## Objective

**To focus on social welfare and humanitarian work, to bridge the gap between those in need and those willing to help by providing essential support, resources and assistance to uplift underserved communities.**

President



# The President Message



It is with great pride and a sense of duty that I welcome you to JAN UPKAR SEWA SAMITI. Our commitment to holistic health, women's empowerment, education, and supporting the unprivileged drives our mission. We believe in the power of collective action to bring about positive change in society. Together, we can make a significant impact. I urge you to join us in our endeavors and contribute to our noble causes. Your support, whether through your time, expertise, or financial assistance, will help us create a brighter, more equitable future for all.

**Mr. Virendra Kumar Singh**

President, JAN UPKAR SEWA SAMITI





# Recent Activities

## Yoga and Naturopathy

We believe that Nature has given us everything we need to be healthy. We just have to recognize and utilize it. At, Jan Upkar Sewa Samiti, we focus on two wonderful things: Yoga and Naturopathy. These are like nature's secret recipe for good health. Under the guidance of yoga experts, we offer yoga classes and promote naturopathy. Basically, our main focus is to raise awareness about these time- tested remedies for all ages, backgrounds and beliefs. Embrace yoga and naturopathy, say goodbye to health problems and live a life of lasting wellness.



## Women Empowerment

Empowering women is pivotal for a nation's advancement. At our organization, we are dedicated to uplifting underprivileged and marginalized women by raising awareness about their rights and responsibilities. We actively work to encourage them to speak out to protect their rights and become capable of earning their livelihoods on their own. Our main goal is to provide them with all opportunities to be equipped with skills for economic independence, enabling them to support their families.



# Recent Activities

## Educational Support

We are committed to offering quality education to underprivileged children who face barriers due to their families' economic constraints. Our mission is to bridge the educational gap by providing access to quality education, providing free stationery materials and enabling these children to break free from the cycle of limited opportunities. We are proudly running free educational centers through which we ensure that these children have unhindered access to education, regardless of financial constraints.



## Awareness of Road Safety

The rising number of accidents in UP is a big concern and it's disheartening to see how some road users, like bikers and pedestrians, sometimes ignore safety rules. We at Jan Upkar Sewa Samiti & are working to raise awareness about road safety to prevent accidents and protect lives. Our goal is to help people understand the importance of following safety rules. We organize road safety campaigns to share important information about how to stay safe on the roads and reduce injuries and deaths.







# Recent Activities

## Sustainable Development in the Indian Himalayan Region

The Indian Himalayan Region is spread across 13 Indian States/Union Territories (namely Jammu and Kashmir, Ladakh, Uttarakhand, Himachal Pradesh, Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura, Assam and West Bengal), stretching across 2500 km.



## Sanitation Programme

The organization conducted the programme in Deoria District of Uttar-Pradesh State. Sanitation is a very important issue that leads to many other related problems. Society make Temporary toilets (for Camps etc,) (i) Shallow trench (ii) Deep trench (iii) Pit privy (iv) Bored h ole privy. Low cost sanitation systems for the rural areas (and urban areas which have developed without any consideration to scientific planning) should be installed,

## HOW TO USE HAND SANITIZER



# Our Events

## Independence Day

Every year at Jan Upkar Sewa Samiti , we celebrate Independence Day with great fervour and enthusiasm, paying tribute to our freedom fighters and their sacrifices. It is a day of national pride and unity, where we come together to honor our rich cultural heritage and diversity.



## Republic Day

Republic Day is celebrated annually on January 26th to commemorate the momentous day when the Constitution of India came into effect, signifying the nation's transition into a democratic republic. This day holds immense importance for all Indians as it signifies democracy, freedom and unity.



## Prakartik Chikitsa Diwas

Every year, we enthusiastically celebrate "Prakartik Chikitsa Diwas," a day dedicated to promoting natural healing and a healthy lifestyle. Through awareness camps, we educate people about the benefits of embracing a natural way of living. We emphasize the significance of yoga and naturopathy as alternatives to conventional treatments,





# Find in Media

## Image Gallery





# Find in Media

## Image Gallery



# Contact Us

To learn more about us please visit our website. To collaborate with us or have any queries contact us by phone or email. We will be happy to help you.



+91 78975 87353



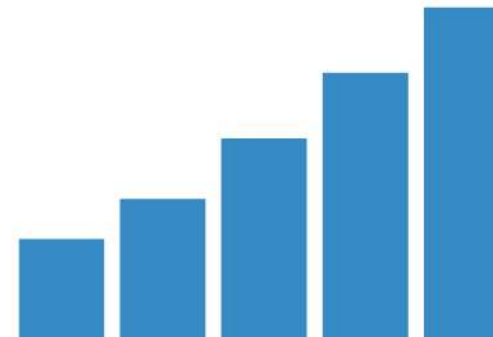
9/15,BASIYAWAN,Deoria,Deoria H.O,DEORIA,Uttar Pradesh,INDIA,274001



akshukla773@gmail.com@gmail.com



<https://www.janaksevaashram.org/>





# Donate Us

## Your Little Contribution Can Be Helpful

Your support matters. To make a difference and contribute to our noble causes, please consider donating to our organization. Your generous support can make a world of difference. By donating to us, you contribute to meaningful initiatives that uplift lives, provide education, empower women, and promote mission for a brighter future. Donate today and be a part of positive change.

Bank Name: Canara Bank  
Branch Name: Civil Line Gorakhpur Road  
Acc. No : 2662101020489  
IFSC Code : CNRB0002662  
MICR Code: 274015001

pay through - +9178975 87353

paytm

G Pay

BHIM

Razorpay



**80-G**  
Tax Exempted

Your donations are eligible for availing 50% tax exemption u/s 80G(5)(vi) of the Indian Income Tax Act, 1961.

**Donate now**  
Support our programs

